

Allergies? Asthma? MCS? Building a Healthy Home for You Is Easier Than You Think

February 14, 2011 at 12:26 pm · Filed under [Classes/Certification](#)



“1 out of every 5 households in America has someone suffering from asthma. Approximately 1 out of 9 people have asthma. 40% of the U.S. population has either asthma or allergies.” These are the facts I got earlier this month at a recent Indoor Health Conference sponsored by The EPA. That’s a huge number of people with breathing issues.

I attended the conference because I wanted to know more about the building science required to make the homes we build even healthier. Why? In design meetings with our customers, we discover that so many who come to us for “just a house” also suffer from asthma or allergies or chemical sensitivities.

Homes we’ve built specifically for these customers show me we’re doing something right. While we have no science to prove the homes have made a positive impact, we do have the testimonies of these customers. They tell me, with relief, that the intensity, frequency and discomfort they experienced have been drastically reduced.

At the seminar, I found out about the EPA program called [Indoor airPLUS](#). An Indoor airPLUS certification ensures a home has been built to a higher air quality standard. As I looked through the list of specifications we had to meet, our homes can easily qualify.

We already address:

Interior and exterior moisture control

Combustion pollutants

Low formaldehyde and VOC materials

Proper installation of Heating/Ventilating/Air Conditioning (HVAC) systems

We are committed to our clients’ health and comfort. So we will now certify all our homes to this EPA standard ...
Indoor airPLUS

If you are interested in more on building to Indoor airPLUS standards, give me a [call](#) or [email](#).